

T-Birds Will Hold Training Camp at Kent Valley Ice Centre August 22nd – 27th

Kent, WA. August 5, 2008 – The Seattle Thunderbirds will conduct their 2008 training camp at Kent Valley Ice Centre (KVIC) beginning Friday August 22nd through Wednesday August 27th. The camp will be split into two segments; a two-day rookie camp Friday August 22nd and Saturday August 23rd. The main camp will begin on Monday August 25th and run through Wednesday August 27th.

Kent Valley Hockey Association (KVHA) members are invited to drop by KVIC and observe the T-Bird sessions. The T-Bird training camps provide an excellent opportunity for KVHA players to watch the T-Bird players close-up. T-Bird Head Coach Rob Sumner said, *"We typically run drills in the morning session and scrimmage in the afternoon. We divide the guys up into two teams and play the red team against the blue team."* The camp schedule is noted below and is also posted on www.KentValleyHockey.com under the **Ice Schedules** tab.

Rookie Camp Schedule:

Friday August 22nd

Morning Session 9:45am – 12:15pm
Afternoon Session 5:45pm – 8:15pm

Saturday August 23rd

Morning Session 9:45am – 12:15pm
Afternoon Session 6:00pm – 8:30pm

Main Camp Schedule:

Monday August 25th through Wednesday August 27th

Morning Session 9:00am – 12:00pm
Afternoon Session 7:00pm – 9:00pm

Following the training camp, the T-Birds plan to practice daily at KVIC from 2:15pm – 4:15pm until the ice is available for them at the Kent Events Center, perhaps as early as the first week in November. Once the T-Birds occupy the Kent Events Center, they will practice at KVIC only when the Kent Events Center ice is not available due to the booking of other events.

The T-Birds will play an exhibition game against the Portland Winterhawks at Kent Valley Ice Center on Saturday September 13th. Tickets are available at (206) 448-PUCK. Tickets will also be available for purchase at the KVIC office early in September.

Contact: Lew Sellers, Director of Communications
Kent Valley Hockey Association
6015 South 240th Street
Kent, Washington 98032
Cellular – 206-914-9619