



Kent Valley Spring Programs Begin April 2nd and Run Through June 15th – Register Now!

Kent Valley Ice Centre, Kent, WA. February 9, 2012 – KVHA has an excellent lineup of Spring Programs for Hockey Players. First up is Kent Valley’s popular “3 on 3” **Cross Ice** which begins Monday evening April 2nd and runs for 9 sessions through June 11th. **Spring Learn to Play** begins Sunday April 15th and runs for 8 weeks through June 10th. **Spring Hockey Practice** sessions begin Wednesday April 4th and Friday April 6th running for 9 sessions through June 15th. Finally, Stick n’ Puck sessions will be scheduled frequently throughout the spring hockey season. Check the Ice Schedules for specific times.

Registration information is available by selecting the **Spring Programs** tab on the KVHA Web.

Summer Programs in Planning Stage

Kent Valley Ice Centre is planning the usual Hockey Day Camp, Individual Hockey Skills and Accelerated Training for the summer season. Details are still being worked out and should be announced within the next couple of weeks.

Summer Hockey Camps Coming to Kent Valley Ice Centre

Robby Glantz is returning to Kent Valley Ice Centre on June 3rd for a **3-Session Power Skating Clinic with On-Ice Power Skating (Technique Training) and Individual Video Analysis...** Including: Resistance & Over-speed Training, Speed with and without the Puck, Puck Protection and So Much More! [Click here](#) for registration information. Or, click upon the Robby Glantz ad on the front page of the KVHA web.

Pro Ambitions Battle Camp, Battle Half-Day Option and Goalie Camp is coming to Kent Valley Ice Center July 9th – 15th.

Battle Camp – The Battle Camp offers each player the best opportunity to fully develop the fundamental skills that are necessary to be a good hockey player. All other countless hockey camps in the industry teach ice hockey skills. We teach the most important skill in hockey: how to adapt. Players will leave this camp with awesome skill development, a better understanding of the game and most importantly - knowing how to battle for loose pucks.

Goalie Camp - Drill training in the following key areas: breakaways, wraparounds and deflecting screens. Pro Ambitions Hockey, Inc. is now considered a goalie training powerhouse.

[Click here](#) for registration information. Or, click upon the Pro Ambitions ad on the front page of the KVHA web.

KVHA Weekend Scoreboard:

2/4	Win	KVHA Mite Tornadoes	7	vs.	Seattle Jr. Mite Black	4
2/4	Loss	KVHA Mite Tornadoes	2	vs.	SnoKing Mite Major Green	7
2/4	Loss	KVHA Squirt Tornadoes	2	vs.	Seattle Jr. Squirt Blades	4
2/4	Tie	KVHA PeeWee Hurricanes	1	vs.	Seattle Jr. PeeWee Spartans	1
2/4	Loss	KVHA PeeWee Tornadoes	3	vs.	Seattle Jr. PeeWee Badgers	4
2/4	Tie	KVHA Bantam Tornadoes	4	vs.	Everett Bantam Bruins	4
2/4	Win	KVHA Bantam Tier-II Selects	6	vs.	Wenatchee Bantam Tier-II Jr Wild	3
2/5	Win	KVHA Bantam Tier-II Selects	3	vs.	Wenatchee Bantam Tier-II Jr Wild	1

2/4	Win	KVHA Midget Tornados	4	vs.	Everett Midget Kodiaks	2
2/4	Win	KVHA Midget Tier-II Selects	3	vs.	Tri-Cities 18U Tier-II Jr. Ams	2
2/5	Loss	KVHA Midget Tier-II Selects	3	vs.	Tri-Cities 18U Tier-II Jr. Ams	5

Teamwork Propels Mite Tornados to 7 – 4 Victory Over Seattle Jr. NW Admirals Black

Kent Valley Ice Centre, Kent, WA. February 4, 2012 – On Saturday, February 4th, the KVHA Mite Tornados won their second regular-season game at home by an exhilarating score of 7 to 4 against the SJHA Admirals Black. In an exciting rematch seen like no other, the day began much differently than most seen previously at this O-dark-hundred hour of the day. The dismal, rainy weather was replaced with beautiful rays of sunshine - - - the kind that gives great inspiration to a group of ice warriors! In another electrifying contest, the Tornados dominated the game with their solid performance and impressive teamwork.

Period 1 - The Tornados didn't waste any time to strike first and take the lead by scoring on a goal from Jake Ferguson(#6) with an assist by Calob Chaloner(#3). The fight for control of the puck was intense throughout the period. The Tornados did an outstanding job on defense as well as offensive maneuvers. Unfortunately, with minutes left in the first period, the Admirals Black scored to tie-up the game.

Period 2 - The turbulent battle for possession continued well into the 2nd period. The Tornados went into action and scored again to regain the lead on a goal from Sean Smith(#8) with assist by Maxwell Mudge(#15) & Aidan Herring(#14). A few minutes later, the Tornados lead was further extended by another goal from Sean Smith(#8) with assist by Aidan Herring(#14). Regrettably, the boys took a break and allowed the Admirals Black to score 3 goals to recapture the lead from the Tornados as the period closed.

Period 3 - Nevertheless, this daunting deficit would not deter the Tornados on home ice. As the 3rd period opened, the Tornados got back to work with a relentless offensive attack on the Admirals Black. At 9:47 on the clock, Aidan Herring(#14) would score his first goal of the night with an assist by Maxwell Mudge(#15) to tie-up the game once again. Within less than one minute, Aidan Herring(#14) would score again with assist by Sean Smith(#8) & Maxwell Mudge(#15) to take the lead for the third time of this contest. Way to rally and keep the momentum going, boys! But the Tornados weren't done yet! Maxwell Mudge(#15) would score an unassisted goal to further extend the Tornados' lead. Seconds later and for the third time this season, Sean Smith(#8) earned another "Hat Trick" with a goal scored at 3:59 left on the clock. The assist was given by Michael Geddes(#7). Impressive performance, Sean!

Summary - The outcome of this game wasn't determined until the last minutes of the closing period when the Tornados scored to regain the final lead of the contest. Even though the score was tied on two different occasions during the game, the

KVHA Mite Tornados came out ahead to win a closely played match against the SJHA Admirals Black team in league play on Saturday morning by a final score of 7-4. Goalie Quinton Gessner(#10) put on the armor and turned away 9 of 13 shots to help earn the victory with a 69% save rate. Good job, QT! Hopefully next week, the Tornados can ride the "win" wave in a rematch against the SKAHA Jr. T-Birds Blue at Kingsgate. Good luck, Tornados!

Mite Tornados Play Exhibition Game at ShoWare Center

Kent Valley Ice Centre, Kent, WA. February 4, 2012 – Coach Rob Herring took his KVHA Mite Tornados team to ShoWare Center on Saturday, February 4th, for their first game on the big ice and their second game of the day. The joy from the morning win lasted only a few short hours when the Tornados team faced an inspired SKAHA Jr. T-Birds Green. Herring and his team sadly came away with a loss after a persistent attack by the Jr.

T-Birds Green. Regardless of the loss, it was a treat to play on the same ice as their idols and witness the improvement in their defensive skills and positional play.

Period 1 - The 1st period was highlighted with the heated battle for possession. Throughout the period, it was evident that the players were working well together getting into position and fighting for the puck. The Jr. T-Birds Green struck first scoring the opening goal of the contest. However, the Tornados didn't let that deter them and replied with one of their own. At 13:13 on clock, Quinton Gessner(#10) scored with an assist by Sean Smith(#8) & Aidan Herring(#14). Unfortunately, as the clock wound down and the period came to a close, the Jr. T-Birds Green came out ahead scoring two more goals to end the period.

Period 2 - The fiery exchange between both teams continued well into the 2nd period as the Tornados gathered to mount an attack and even up the score. During the period, the Tornado players showed exceptional growth with their strong defensive skills and puck handling, limiting the Jr. T-Birds Green to only one goal. In addition, the only goal scored for the Tornados during this period came at 12:20 on clock by Sean Smith(#8). Great unassisted shot, Sean!

Period 3 - The turbulent battle for possession came to a culminating end in the 3rd period. While the Tornados tried to get things churning, they just couldn't weather the storm against a tough Jr. T-Birds Green team. As a result, the Jr. T-Birds Green came out ahead by increasing their lead as the period closed.

Summary - In the end, the KVHA Mite Tornados lost to a strong Jr. T-Birds Green team in exhibition play on Saturday. The Jr. T-Birds Green defeated the Tornados by a final score of 7 to 2. Goalie Maxwell Mudge(#15) had a solid performance saving 15 out of 22 shots for a 68% save rate. Great job, Max! As our season winds down, we continue to see marked improvement in the Tornados skills. Next up, the Tornados have traded a practice for their second exhibition game of the season against a Seattle Jr. team at KVIC. Good luck, Tornados!

Kent Valley Squirt Tornados Sliced Up by Seattle Jr. Blades 2 to 4 in NPSHL League Play

Lynnwood Ice Center, Lynnwood, WA. February 4, 2012 – Kent Valley's Squirt Tornados played the NPSHL's 2nd place Seattle Jr. Blades Saturday at Lynnwood Ice Center and the Tornados came out on the losing end of a 4 to 2 game. According to a team spokesman; *"The Tornados played a good competitive game and they had some excellent passes and some good chances. But, the puck just did not bounce their way today."* Alex Bolshakov scored the Tornados only goals of the game, both unassisted.

The Tornados remain in fourth place in the NPSHL's Squirt Division with an 8-4-2 record and 32 points, just 1 point in front of the Seattle Jr. Badgers. They are 10 points behind the league leading Everett Kodiaks and just 4 points behind the second place Blades.

Next up for the Tornados is a league game at home on Saturday February 11th against the SnoKing Jr. T-Birds Blue. SnoKing Blue has an 8-5-0 record and 27 points. Go Tornados!

Below is the scoring summary:

KVHA Squirt Tornados (2) vs. Seattle Jr. Squirt Blades (4)			
Team	Period	Time	Scoring
Kent Valley	1	9:30	Alex Bolshakov (Unassisted)
Seattle Jr.	1	6:53	Michael Pool from Alex Vickers
Seattle Jr.	1	1:29	Nicholas Wheaton (1) (Unassisted)
Kent Valley	2	6:06	Alex Bolshakov (Unassisted)
Seattle Jr.	2	3:27	Nicholas Wheaton (2) (Unassisted)

Seattle Jr. 3 11:15 Nicholas Wheaton (3-Hat Trick) (Unassisted)
 Kent Valley's Ben Fredell stopped 12 of 16 shots on goal for 75%.
 Seattle Jr's Henry Colvine stopped 9 of 11 shots on goal for 82%.
 Kent Valley had 3 minor penalties for 8 minutes.
 Seattle Jr. had 2 minor penalties for 6 minutes.

PeeWee Hurricanes (1) vs. Seattle Jr. Spartans (1)

Lynnwood Ice Arena, Lynnwood, WA. February 4, 2012 – Kent Valley's PeeWee Hurricanes tied the Seattle Jr. Spartans 1 to 1 over the weekend. Unfortunately, we did not get a score sheet. No score sheet, no details...

Barton's Hat Trick Not Enough for PeeWee Tornadoes

Kent Valley Ice Centre, Kent, WA. February 4, 2012 – Andrew Barton led the Kent Valley PeeWee Tornadoes' offense Saturday and matched Seattle Jr's Jay Harris goal for goal throughout the game. The dueling pair scored all the goals in the game and both earned Hat Tricks. However, Harris got the game winner, his 4th of the game, in the last 5 minutes of the third period and the Seattle Jr. Badgers held on for the 4 to 3 win. Credit goalkeeper Sean Blair for keeping the Tornadoes in the game. The Badgers outshot the Tornadoes 24 to 9 and Blair stopped 20 of the 24 shots for an 83% save rate.

The Tornadoes record is 4-9-1 for 19 points. They are just 7 points behind the Kent Valley Hurricanes, 5-7-2 and 26 points. Next up for the Tornadoes is a league game at home with SnoKing Green (5-7-1 and 23 points).

Below is the scoring summary:

KVHA PeeWee Tornadoes (3) vs. Seattle Jr. PeeWee Badgers (4)			
Team	Period	Time	Scoring
Seattle Jr.	1	9:47	Jay Harris (1) (Unassisted)
Kent Valley	1	1:50	Andrew Barton (1) (Unassisted)
Seattle Jr.	2	14:19	Jay Harris (2) (Unassisted)
Seattle Jr.	2	10:11	Jay Harris (3-Hat Trick) (Unassisted)
Kent Valley	3	9:11	Andrew Barton (2) (Unassisted)
Kent Valley	3	6:12	Andrew Barton (3-Hat Trick) (Unassisted)
Seattle Jr.	3	4:36	Jay Harris (4) (Unassisted)

Kent Valley's Sean Blair stopped 20 of 24 shots on goal for 83%.
 Seattle Jr's Anna Stensland stopped 6 of 9 shots on goal for 67%.
 Kent Valley had 5 minor penalties for 12 minutes.
 Seattle Jr. had 1 minor penalty for 2 minutes.

Kent Valley Bantam Tornadoes Snare Everett Bruins 4 to 4

Comcast Community Ice rink, Everett, WA. February 4, 2012 – Kent Valley's Bantam Tornadoes led the game only once, 1 to 0, after Nicky Pokrzywinski scored in the first period with assists from Tyler Perry and Andrew Bell. Everett tied the game less than a minute later and got the go-ahead goal a little over 3 minutes after their first. Kent Valley's Andrew Bell tied the game at 12:47 in the second period with his unassisted goal. Everett got a go-ahead goal at 8:48 of the second. Mikey Thomas tied it again for Kent Valley at 7:36 with an assist from Jordan Wachter. Everett got the lead back with a goal at 5:46. Caelan Byrnes tied it up again for Kent Valley with 3:13 remaining in the second. Byrnes' power play goal was assisted by Mikey Thomas. The two teams played even through the balance of the game to end in a 4 to 4 tie.

Shots were fairly even as Kent Valley outshot Everett 18 to 14. Penalties were also pretty much even with Kent Valley taking 2 minors and Everett 1 minor penalty. However, Kent

Valley converted Everett's only penalty of the game for a power play goal, Byrnes from Thomas with 3:13 remaining to play in the second.

The Kent Valley Bantam Tornadoes remain in the middle of the pack in the NPSHL Bantam Division standings at 4th place with an 8-5-1 record and 28 points. Kitsap County is in 1st place (11-3-0 & 34 points), the Seattle Jr. Badgers are in 2nd place (10-4-0 & 32 points) and the Seattle Jr. Eagles are in 3rd place (11-2-0 & 31 points). With only two games remaining to play in the regular season NPSHL schedule, SnoKing Green (2-10-2 & 18 points) and Tacoma Jr. Tomahawks (2-8-2 & 16 points), the Kent Valley Bantams have an opportunity to move up in the standings to 3rd place, 2nd place or even the Division lead. We'll be watching. Go Tornadoes!

Below is the scoring summary:

KVHA Bantam Tornadoes (4) vs. Everett Bantam Bruins (4)			
Team	Period	Time	Scoring
Kent Valley	1	9:38	Nicky Pokrzywinski from Tyler Perry & Andrew Bell
Everett	1	8:47	Colton Swanson (Unassisted)
Everett	1	5:12	Connor Jerfferson from Spencer Dailey
Kent Valley	2	12:47	Andrew Bell (Unassisted)
Everett	2	8:48	Colton Swanson (Unassisted)
Kent Valley	2	7:36	Mikey Thomas from Jordan Wachter
Everett	2	5:46	Brendan Phillipps from Colton Swanson & Bryce Anderson
Kent Valley	2	3:13	Caelan Byrnes from Mikey Thomas (Power Play)

Kent Valley's Ben Jarvis stopped 9 of 14 shots on goal for 64%.

Everett's Trent Morsk stopped 14 of 18 shots on goal for 78%.

Kent valley had 2 minor penalties for 6 minutes.

Everett had 1 minor penalty for 3 minutes.

Kent Valley Bantam Tier-II Selects Take Two from Wenatchee Tier-II Jr. Wild

Kent Valley Ice Centre, Kent, WA. February 5, 2012 – Kent Valley's Bantam Tier-II Selects hosted the Wenatchee Tier-II Jr. Wild for two PNAHA League games at Kent Valley Ice Centre last weekend. The Selects won both games 6 to 3 and 3 to 1. Wenatchee's Sean Mallonee scored a Hat Trick on Saturday to lead the Jr. Wild's offense, but it wasn't enough as Kent Valley doubled-up Mallonee's output. Kent Valley's Austin Phelps played well in net for the Selects in both games stopping 21 of 24 shots on goal in Saturday's game and turning away 23 of 24 shots in Sunday's game for an impressive 96% save rate.

Kent Valley scoring was spread out well across the team with goals from Joey Kane, Jeremy Carlson, Eamann McMillion, Christian Cinderella (2), and Elliot Plourde in Saturday's game and Nick Pizzey, Tom Speer and Jeremy Carlson in Sunday's game. Kent Valley outshot Wenatchee 31 to 24 on Saturday and 35 to 24 on Sunday.

Christian Cinderella suffered a shoulder injury in Sunday's game. Cinderella carried the puck across the blue line and was preparing to take a shot when he collided with Wenatchee's Will Connors in a hard check just inside the Wenatchee zone. A team representative reported that Cinderella could be out of the Select's lineup for a couple of weeks and should be available for playoffs.

The Kent Valley Tier-II Selects have a solid hold on first place in the Bantam Tier-II Division of the PNAHA League with a 12-0-1 record and 25 points. Only two league games remain for the Selects. They will play the Everett Jr. Silvertips in two home games at Kent Valley Ice Centre on February 11 & 12th.

Below are the scoring summaries for both games:

KVHA Bantam Tier-II Selects (6) vs. Wenatchee Tier-II Jr. Wild (3)

Team	Period	Time	Scoring
Wenatchee	1	6:03	Sean Mallonee (1) from Matt Dorsey & Noah Mikkelsen (Power Play)
Kent Valley	1	5:01	Joey Kane from Jeremy Carlson & Nick Pizzey
Kent Valley	2	11:00	Jeremy Carlson from Christian Cinderella
Kent Valley	2	9:22	Eamann McMillion from Mason Stewart
Wenatchee	2	6:12	Sean Mallonee (2) from Matt Dorsey (Power Play)
Kent Valley	2	3:15	Christian Cinderella from Nick Pizzey (Power Play)
Wenatchee	3	13:51	Sean Mallonee (3-Hat Trick) from Matt Dorsey
Kent Valley	3	9:15	Elliot Plourde from Jeremy Carlson & Austin Phelps
Kent Valley	3	5:17	Christian Cinderella from Jeremy Carlson

Kent Valley's Austin Phelps stopped 21 of 24 shots on goal for 88%.

Wenatchee's Bronson Moore stopped 25 of 31 shots on goal for 81%.

Kent Valley had 9 minor penalties and 1 major misconduct penalty for 28 minutes.

Wenatchee had 5 minor penalties and 1 major misconduct penalty for 20 minutes.

KVHA Bantam Tier-II Selects (3) vs. Wenatchee Tier-II Jr. Wild (1)

Team	Period	Time	Scoring
Kent Valley	1	7:59	Nick Pizzey from Christian Cinderella
Kent Valley	2	13:32	Tom Speer from Eamann McMillion
Kent Valley	2	7:48	Jeremy Carlson from Elliot Plourde
Wenatchee	3	10:04	Will Connors from Luke Browning (Power Play)

Kent Valley's Austin Phelps stopped 23 of 24 shots on goal for 96%.

Wenatchee's Aleskey Schroeder stopped 32 of 35 shots on goal for 91%.

Kent valley had 10 minor penalties for 20 minutes.

Wenatchee had 4 minor penalties for 8 minutes.

Kent Valley Midget Tornadoes (4) vs. Everett Kodiaks (2)

Kent Valley Ice Centre, Kent, WA. February 4, 2012 – Kent Valley's Midget Tornadoes got on top of the Everett Kodiaks early in the game with three unanswered goals before the Kodiaks finally got on the scoreboard early in the 3rd period. Kent Valley's Ben Cary turned in an excellent performance in goal stopping 20 of 22 shots on goal for a 91% save rate. The Tornadoes outshot the Kodiaks 28 to 22. They also out-pointed the Kodiaks in the penalty column taking 7 minor penalties to the Kodiaks 2 minors.

The Tornadoes are in second place in the Midget Division of the NPSHL League with a record of 9-2-3 and 30 points. They are 8 points behind the league-leading Kitsap Outlaws. If the Tornadoes had preserved their sportsmanship points earlier in the season they would now only be 3 points behind the Outlaws. With just two games remaining in the season the Tornadoes could have had a reasonable shot at closing the gap. The Tornadoes' two remaining games are against the 3rd place Seattle Jr. Eagles at Olympic View on February 12th and the 4th place Everett Grizzlies at Kent Valley Ice Centre on February 25th.

Below is the scoring summary:

KVHA Midget Tornadoes (4) vs. Everett Midget Kodiaks (2)

Team	Period	Time	Scoring
Kent Valley	1	4:18	Tanner Coughlin (Unassisted)
Kent Valley	2	10:53	Jared Prado from Paul Pinkoske (Shorthanded)
Kent Valley	2	4:34	Paul Pinkoske from Jared Prado

Everett 3 12:42 Ian Dootson from Tim Manhardt & Sam Allen
 Kent Valley 3 3:54 Tnner Coughlin (Unassisted & Shorthanded)
 Everett 3 1:23 Ian Dootson frm Ryan Jaromin (Power Play)
 Kent Valley's Ben Cary stopped 20 of 22 shots on goal for 91%.
 Everett's Kyle Johnson stopped 24 of 28 shots on goal for 86%.
 Kent Valley had 7 minor penalties for 14 minutes.
 Everett had 2 minor penalties for 4 minutes.

Midget Tier-II Selects Swap Wins with Tri-Cities 18U

Kent Valley Ice Centre, Kent, WA. February 5, 2012 – Kent Valley's Midget Tier-II Selects swapped wins with the Tri-Cities 18U Jr. Americans over the weekend. The Selects topped the Jr. Americans 3 to 2 on Saturday and lost to them 3 to 5 on Sunday.

The Selects are in 3rd place in the Midget Division of the PNAHA League with a 4-8-3 record and 11 points. The Selects proved they have the ability to beat the league-leading Tri-Cities Jr. Americans with their 3 to 2 win on Saturday. They're hoping they can pull it off again during the PNAHA State Tournament. Tri-Cities had only lost one game prior to meeting up with the Selects on Saturday.

The PNAHA rankings are noted in the table below:

<i>PNAHA Midget Tier-II – Standings as of 02/05/2012</i>									
Team Name	GP	Win	Loss	Tie	GF	GA	Points	Win%	
Tri-Cities Jr. Americans	12	10	2	0	57	26	20	0.833	
Seattle Jr. NW Admirals	14	9	5	0	53	42	18	0.643	
Kent Valley Selects	15	4	8	3	43	57	11	0.267	
SnoKing Jr. Thunderbirds	13	4	6	3	39	39	11	0.308	
Wenatchee Jr. Wild	12	2	8	2	25	53	6	0.167	

Below are the scoring summaries for both games:

KVHA Midget Tier-II Selects (3) vs. Tri-Cities 18U Jr. Americans (2)			
Team	Period	Time	Scoring
Tri-Cities	1	1:25	Brett Myer from Casey Phelps & Jason Trader
Kent Valley	3	11:26	Noah Bloxton from Tyler Jennings
Kent Valley	3	10:16	Patrick Dunphy from Jacob Becker
Kent Valley	3	6:35	Brendan Miller from Jarid Rivers
Tri-Cities	3	4:58	Stephan Langston from Aaron Tansy & Brett Myer (Power Play)

Kent Valley's Colby Bennett stopped 22 of 24 shots on goal for 92%.
 Tri-Cities' Tyler Woodring stopped 24 of 27 shots on goal for 89%.
 Kent valley had 6 minor penalties for 12 minutes.
 Tri-Cities had 7 minor penalties for 14 minutes.

KVHA Midget Tier-II Selects (3) vs. Tri-Cities 18U Jr. Americans (5)			
Team	Period	Time	Scoring
Tri-Cities	1	9:56	Steven Sordahl from Jason Trader
Tri-Cities	1	6:31	TJ Jester from Casey Phelps (Power Play)
Tri-Cities	1	1:50	TJ Jester from Brett Myer (Power Play)
Kent Valley	2	0:17	Patrick Dunphy from Max Doner
Kent Valley	2	0:06	Kyle Miller-Smith from Jarid Rivers

Kent Valley	3	14:20	Jarid Rivers from Caleb Bromley & Kyle Miller-Smith
Tri-Cities	3	11:41	Stephan Langston from Brett Myer & Aaron Tansy (Power Play)
Tri-Cities	3	4:42	Steven Sordahl from Casey Phelps & Miller Jackson (Power Play)

Kent Valley's Colby Bennett stopped 39 of 44 shots on goal for 89%.

Tri-Cities' Casey Kaiser stopped 15 of 18 shots on goal for 83%.

Kent Valley had 7 minor penalties for 14 minutes.

Tri-Cities had 7 minor penalties for 14 minutes.

Quote of the Day!

The True Meaning of Winning the Cup:

"I love the moment of celebration right after winning. Then, about a half hour later, when you are in the locker room, you go into a sort of deep mellow where you know it's done. It's over. You set out on a path, and you had no way of knowing that you could get there, but you got there and you won. That is the moment that was the most gratifying for me."

Ken Dryden, Stanley Cup winner with Montreal 1971, 1973, 1976, 1977, 1978, and 1979.

Quote from **Raising Stanley - NHL LEGENDS IN THEIR OWN WORDS** by Ross Bernstein

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