



KVHA News – Registration is Open for the KVHA 2014/2015 Hockey Season

Kent Valley Ice Centre, Kent, WA. May 5, 2014 – Registration for the 2014/2015 Hockey Season is open! Kent Valley Hockey plans to offer the following nine (9) teams for the 2014/2015 hockey season:

- Mite Rec
- Squirt Rec and Squirt B
- PeeWee Rec and PeeWee AA
- Bantam Rec and Bantam AA
- Midget Rec and Midget U18 AA

Most notable, we plan to have a Squirt "B" Rep team, a Bantam U14 "AA" team and a U16 "AA" team. We have not had a Squirt B or Bantam U14 "AA" teams the last 2 seasons, but it looks like our numbers will justify these teams for the new season. We may also have the capacity to field additional team(s). The Kent players that were with Team Seattle have expressed an interest to return to Kent. These players, combined with our already large number of Kent Valley Midget-aged players, may give us the numbers to field an additional team.

The above lineup of teams promises to provide another exciting and successful season for Kent Valley Hockey Association. Make sure you are a part of KVHA's 2014/2015 hockey season by registering today.

KVHA Registration is Now Open – Click Here to Register

Registration for the 2014/2015 hockey season is now open. Registration fees are the same as the fees in affect as of June 15, 2013. There will be no fee increase for registrations received before June 1, 2014, the only exception being that we've added an auction ticket purchase as part of the fee schedule rather than as a separate fee in the past.

[**Click here**](#) to open a 2014/2015 KVHA Registration Form.

Espirito Named KVHA Mite Coach for 2014/2015

Danny Lorenz, KVHA's Hockey Director, has made his first coaching assignment by naming Keith Espirito as the Mite Head Coach for the 2014/2015 season. Espirito has been involved with KVHA's "Learn to Play" Hockey program for two years and served as an Assistant Coach with the Mites last season. He led the Kent Valley Mite Minor team to an exciting victory at the Spokane Jr. Chiefs Tournament in February 2013.

Espirito began playing hockey at the age of 5 with the Spokane Youth Hockey Association. He played Mites through Midget "A" with Spokane. He also played hockey with the Huskies' University of Washington club team while attending college. After a ten-year hiatus from playing hockey he recently joined a team in the Greater Seattle Hockey League. Espirito is employed by Russell Investments in Seattle.

Lorenz said of Espirito, *"We are fortunate to have such an enthusiastic and experienced talent for our Mites. Keith has proved himself to be qualified for this assignment through his involvement with our LTP program and Mite Minors last season. Keith is also very popular with the players and parents."*

Registration Opens for Accelerated Training Day Camp 2014, June 16th – August 15th Mon-Wed-Fri

Registration is open for the first of a series of Kent Valley summer programs. Accelerated Training Day Camp will run June 16th through August 15th, Monday, Wednesday and Friday,

with time off for July 4th and the two weeks of Pro Ambitions "Battle Camp." The program is a full-day, 3-days a week, with drop off at 8:00am and pick up at 5:00pm.

The Accelerated Training Program utilizes a myriad of methods to develop these key power skating fundamentals, while simultaneously conditioning athletes, developing their core body strength and promoting better eye-hand coordination. Our goal is to improve a player's balance, agility, speed and coordination while making the day camp fun for all participants.

[Click here](#) for a Day Camp registration form.

Quote of the Day!

The True Meaning of Winning the Cup:

"I learned that if you work hard enough and long enough at something then you can achieve it. You need to be stubborn about it too, you have to get it in your mind that you are going to do it, and then you have to hold yourself accountable to it. Once you do that, then anything is possible."

Nikolai Khabibulin, Stanley Cup winner with Tampa Bay 2004

Quote from **Raising Stanley - NHL LEGENDS IN THEIR OWN WORDS** by Ross Bernstein

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KVHA Host Hotel - Proud Sponsors of Kent Valley Hockey

		
(425) 251-9591	(253) 520-6670	Enjoy your favorite beverage or snack at Kent Valley Ice Centre's "On the Edge" Café.
3700 East Valley Road Renton, WA 98057	25100 74 th Ave. S. Kent, WA 98032	

This email is being sent to Tammy Haywood at 2tam@centurytel.net.

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