



Billy Coupland High Performance Hockey Camp at Kent Valley June 11th - 13th

Kent Valley Ice Centre, Kent, WA – KVHA News for 23 May, 2010 – Calling all 95', 96', 97' and 98' birth year hockey players. Billy Coupland, with Jordan Sigalet (2001 Draft Pick of the Boston Bruins,) will conduct a High Performance Hockey Camp at Kent Valley Ice Centre on June 11th, 12th and 13th. Below are the details:

Billy Coupland High Performance Hockey Camp

Age Groups: 1995-1998

Player Level: "A" or Higher Players. This is not for beginners.

Dates/Times:

Friday 6/11: Ice Time I: 6:45-8:15pm

Saturday 6/12: Ice Time II: 10:00-11:30am Ice Time III: 4:00-5:30pm

Sunday 6/13: Ice Time IV: 8:30-10:00am Ice Time V: 11:50-1:20pm

Location: Kent Valley Ice Centre: The largest Family Ice Entertainment Facility in the Pacific Northwest 6015 S 240th St – Kent, WA. 98032

Costs: 7.5 Hours of Ice Time!! \$250.00

Coach Coupland:

2008 - 2010 (Tampa Bay Lightning) National Hockey League - Scout

Recent Coaching Experience - Winter Hockey

2007 - 2008 (Pacific Steelers Female Midget AAA) Junior Women's Hockey League – Head Coach

- BC Midget AAA provincial champions

2006 - 2007 (Juan de Fuca Grizzlies Midget AAA) - Head Coach

- BC Midget AAA provincial champions

2002 - 2006 (NSWC Bantam AAA) - Head Coach

- Won the league and playoff title every season, numerous tournament championships around North America, BC provincial championship and Western Canadian Championship

Recent Coaching Experience - Spring Hockey

2006 - 2009 ('94 New Western Bruins)

- Won some of the top tournaments in North America including: Chicago Mission Cup, Toronto's Ronald McDonald, Vancouver's Challenge Cup, Calgary's Stampede Challenge, and Edmonton's Invitational to name just a few
- Coached players from all over the world including: Sweden, Czech Republic, Florida, Michigan, Wisconsin, Texas,

Coach Sigalet: (Goalie Focus)

- **Student with Pro-Formance at age ten**
- **Victoria Salsa, BCHL, BCHL championship title.**
- **Bowling Green State University- Ohio, full ride scholarship**
- **NHL Debut, January 7th, 2006. Boston Bruins**
- **Also played professionally in both Russia and Austria**

Major Areas of Camp Emphasis:

- **Individual technical development:**
 - **skating/puck handling/shooting**
- **Team tactical understanding:**
 - **offensive zone entry.**
 - **fore checking systems.**
 - **defensive zone coverage/breakouts.**

Billy Coupland says *"players will develop an understanding of various team structures... while at the same time having their individual creativity fostered...each activity will simulate game situations...the environment will be demanding...but players will leave the camp with a better understanding of what they need to do to reach their potential as a hockey player..."*

Testimonials:

Drayson Bowman...member of the Carolina Hurricanes...2009 U.S.A. World Jr. team member says about Coach Coupland: *"Billy to this day is still the best coach I've ever had...the vast majority of what I know about the game I learned from him."*

Drew Shore...current member of the Denver University hockey team...2009 2nd round draft pick of the Florida Panthers...former member of the U.S.A U17/18 national team... *"Billy helped me improve my individual skill set dramatically...while making me understand the tactical structure that is such a big part of today's game...his help was invaluable."*

Reserve your spot today. Send deposit of \$50 (non-refundable) to:

Kent Valley Rainiers
C/O Mark Greenhall
5800 158th Ave SE
Bellevue, WA 98006

See flyer for additional details:

http://www.kentvalleyhockey.com/images/Coupland_Hi_Perf_Hockey_Camp_2010.pdf

See you at the rink!

KVHA News Contact: Lew Sellers, Director of Communications
Kent Valley Hockey Association
6015 So. 240th Street
Kent, WA. 98032
(206) 914-9619 Cellular
Lew@KentValleyIceCentre.com