



KVHA Breaking News - Lorenz to Coach Kent Valley Rainiers 16U "AAA" Team

Kent Valley Ice Centre, Kent, WA., 22 May, 2014 – The Kent Valley Hockey Association is proud to announce a new high level hockey program for the 2014/2015 season at the 16U level to be coached by Danny Lorenz. The narrow focus of the program will be on preparing

players to move to junior hockey or 18U AAA hockey the following season.

As a 5-year Seattle Thunderbird who played in the NHL for Hockey Hall of Famer Al Arbour, Coach Lorenz will demand a high intensity effort, day in and day out, and will prepare players to take the next step as he has with players he has coached who have moved on to NCAA Division I and III, as well as the USHL, Junior A in Canada, and the NAHL. Players will practice 4-6 times per week for a season total of more than 200 hours of on-ice training, plus games. Players will also participate in off-ice conditioning 3 times each week, just as many junior teams do. Rather than play the I-5 highway league in PCAHA, or in a national travel league, the team will play 7 or more AAA tournaments, with a focus on playing in BC to avoid airfare costs. In addition, the team will play a schedule of highly competitive exhibition games, both home and away. Finally, players will be given assistance in marketing themselves for placement in future seasons. The bottom line is preparing players to move on in their hockey careers.

Players who decide to play on this team will be expected to work at a high intensity level and bring the desire, passion, and commitment that will allow them to be successful. Players will be treated like junior players, and will be expected to contribute to the team and to their own development just as a junior player would be expected to do.

It is no coincidence that the last team from Washington to win the Pacific District Championship and advance to the Tier 1 USA Hockey National Championship was also a "tournament team" from the Kent Valley Hockey Association. This team will build on that success as the Kent Valley Rainiers.

There will be three Tryout/Evaluation Skates with Coach Lorenz in the coming weeks for players who are interested in checking out this high level development opportunity. Following each session, Coach Lorenz will be available to present the program to parents and players.

Tryout/Evaluation Skate Sessions Schedule:

- Friday May 30th – 7:15-8:15pm
- Saturday June 14th – 6:40-7:55pm
- Sunday June 15th – 9:15-10:45am

Interested players may [click here](#) for a tryout registration form. There is a \$75 pre-registration fee or \$100 the day of the tryout/evaluation skate sessions. Anyone desiring further information may contact Coach Danny Lorenz at 253-850-2400 ext. 14.