



T-Birds Assistant Coach Darren Rumble To Lead T-Birds Hockey School

Calvin Pickard and Luke Lockhart will also be instructors at weeklong camp at ShoWare Center in Kent

Kent Valley Ice Centre, Kent, WA. July 20, 2011 –The 2011 Seattle Thunderbirds Hockey School will take place at ShoWare Center in Kent from Monday, August 15, to Saturday, August 20.

The T-Birds have confirmed assistant coach Darren Rumble will be the lead instructor at the Hockey School. Rumble played 193 NHL games as a defenseman with the Philadelphia Flyers, Ottawa Senators, St. Louis Blues and Tampa Bay Lightning. In the NHL, he amassed 36 points and had 10 goals and 26 assists with 216 penalty minutes. Rumble was a member of the 2004 Tampa Bay Lightning team that won the Stanley Cup.

T-Bird players Calvin Pickard and Luke Lockhart will also be instructors. Pickard was selected by the Colorado Avalanche in the second round of the 2010 NHL Draft. Lockhart just returned from a Washington Capitals Development Camp.

The 2011 Thunderbirds Hockey School will consist of six groups. There are four youth groups: Group A for 6, 7 & 8-year-olds, Group B for 9 & 10-year-olds, Group C for 11 & 12 year-olds and Group D for 13 & 14 year-olds. There will be an Adult group for players 18-years-old and older.

For the second consecutive year the T-Birds will have a Junior Prep Group which will be geared towards 15 to 19-year-old players preparing for their upcoming junior season. This camp will be difficult and challenging and will focus on conditioning and pace. Players interested in this group will be required to call the T-Birds to register.

The Youth and Junior Prep groups will receive an hour and a half of on ice instruction Monday through Friday. On the Saturday of the camp there will be a scrimmage game for each group. The Junior Prep Group will also receive off-ice instruction in training and nutrition.

The Adult group will feature a two hour on-ice session preceded by an off-ice video instruction session. The Adult Group will also have a scrimmage game on the last day of the school.

Youth Group registrants will receive a hockey school jersey while Adult and Junior Prep registrants will receive a hockey school t-shirt.

For hockey school pricing and to attend the Seattle Thunderbirds Hockey School [download the flyer and return to the T-Birds.](#)

You can also sign up for the Hockey School online through the T-Birds online store.

T-Birds season tickets are currently on sale. Season tickets can be purchased by calling the T-Birds office at 253-239-7825.

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This announcement is being provided to KVHA Members at the request of our friends at the Seattle Thunderbirds.

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