



KVHA News – Kent Valley Ice Scheduled for Maintenance August 19th thru August 23rd

Kent Valley Ice Centre, Kent, WA. August 8, 2013 – The Kent Valley Ice Centre will suspend its ice operations for five days in August to allow for maintenance. Lexi Doner, President of Kent Valley Ice Centre, said; *"This summer's maintenance activities will be a little more extensive than in the past. We'll take the ice down to the bare minimum, perform some maintenance, paint new lines and build the ice back up in preparation for the new season."*

Doner indicated that all other activities at the Kent Valley Ice Centre will continue operating. *"Our batting cages, café, miniature golf, pro shop and games will all continue operation. We will try our best to get all the ice maintenance completed in time to open the ice for the evening Public Skating Session on Friday August 23rd,"* according to Doner. *"We appreciate everyone's patience as we undertake this week-long maintenance activity,"* Doner said.

Fall Learn to Play Hockey Sessions Begin September 29th

Kent Valley Ice Centre, Kent, WA. August 8, 2013 – Boys and girls ages 4 to 10 are invited to join Kent Valley Hockey Association's Learn-to-Play (LTP) program. Sessions will begin Sunday September 29th and run through March 2014. Cost of the program is \$345.05 which includes a non-refundable registration fee of \$75.00. Equipment rental is available for \$200 and includes a refundable deposit of \$125.

The first session starts Sunday September 29th (subject to change) and runs through March 2014. The Sunday sessions last from 1:30pm to 2:30pm with the exception of a couple of holidays between September and March.

If you have any questions regarding the LTP program or equipment rental please contact Danny Lorenz at (253) 850-2400 ext. 14. Registration forms can be found at the front office at Kent Valley Ice Centre, or you can call Rena Sullivan at 253-850-2400 ext. 10.



Kent Valley PeeWee & Bantam Tier-II Open Tryouts Begin August 17th, Midget Tier-II Begins August 24th

Kent Valley Ice Centre, Kent, WA. August 8, 2013 – This is another reminder that tryouts for Kent Valley's PeeWee and Bantam Tier-II teams will begin on Saturday August 17th. PeeWees will take the ice for two sessions Saturday at 8:30am and 4:40pm. The Bantams will follow at 10:15am and 6:20pm. Both groups will hit the ice on Sunday with the PeeWees going at 9:30am and the Bantams at 11:15am. Additional tryout times have been scheduled over the following weeks. Midget Tier-II tryouts will begin Saturday August 24th and Sunday August 25th. Dates and times will be available under the **Ice Schedules** tab posted on www.KentValleyHockey.com.

Anyone interested in trying out for any of KVHA's Tier-II teams must complete a Tryout Registration Form and submit it with the required \$75 registration fee to KVHA's Registrar, Rena Sullivan. Registration on the day of the tryouts is \$100. So, pre-registration pays off.

Click here for a KVHA Tryout Registration Form.

KVHA's Hockey Director, Danny Lorenz, reminds interested players that KVHA membership is not required to try out for any of KVHA's teams. *"The only thing we ask is that players confirm they have completed their USA Hockey 2013-2014 registration process, complete a tryout registration form and pay their try-out fee of \$75 (\$100 fee the day of try-outs.)"*

Les Grauer, President of KVHA, said, *"Players from any hockey association are free to try out for KVHA tournament and travel teams without committing to KVHA enrollment. The*

open tryouts give everyone a chance to check out our program before making a full-season commitment."

Squirt "B" Tryouts Will Be Held During the First Week of Team Practices August 26th through 30th.

Kent Valley Ice Centre, Kent, WA. August 8, 2013 – Squirt "B" tryouts will occur during the first week of team practices the week of August 26th through 30th. Specific tryout times will be published in the next week or so as the team practice schedule is finalized. Squirt players who registered for Squirt Rec are welcome to try out for the Squirt "B" team. There is no tryout fee for Squirt "B" tryouts.

Kent Valley Tornados and Select Teams Will Begin Practicing the Week of August 26th through 30th.

Kent Valley Ice Centre, Kent, WA. August 8, 2013 – Get ready KVHA Members, the 2013/2014 hockey season is about to get underway. Kent Valley's 2013/2014 season practice schedule will begin the week of August 26th through 30th. The schedule for individual team practices will be out soon. We will post the practice schedule on www.KentValleyHockey.com under the **Ice Schedules** tab as soon as it is available.

KVHA Registration Reminder

Kent Valley Ice Centre, Kent, WA. August 8, 2013 – KVHA Registrar, Rena Sullivan, urged members to register for the 2013/2014 season at their earliest convenience. KVHA's enrollment count is growing, is well ahead of prior years, and some teams are nearing capacity. *"Register now to reserve a place on a team,"* Sullivan said.

Sullivan also reminded Members that players must have completed both their USA Hockey and KVHA registrations before they enter the ice to practice with their teams in August.

Quote of the Day!

The True Meaning of Winning the Cup:

"The 1981 playoffs were just brutal for me. I will never forget breaking my finger on literally the first shift of the postseason against Toronto. I had to get it frozen and shot up before every game, which was tough. I could barely shoot the puck. I was not going to sit out though, no way. Then, if that wasn't bad enough, I took a skate blade to the face against the North Stars in the finals. My tongue even got sliced open; It was pretty bad. I took about 50 stitches on my chin in that one. The hardest part about that wasn't the injury, though, it was the fact that I lost about seven pounds due to the fact that I couldn't eat. I had no energy. I just hung in there, and my teammates picked up the slack. Hell, everybody was beat up at that point. That's playoff hockey. So when I was awarded the Conn Smythe Trophy that year after we won the Cup, it was extra special."

Butch Goring, Stanley Cup winner with New York Islanders 1980, 1981, 1982, and 1983.



Quote from **Raising Stanley - NHL LEGENDS IN THEIR OWN WORDS** by Ross Bernstein

Editor's Note: Former Islanders' teammate Mike Bossy stated on a 2010 episode of TSN's "Off The Record" that Goring is quite likely the originator of the NHL's tradition of growing a beard in the Stanley Cup playoffs. Most recently, Goring served as Color Commentator with Howie Rose, New York Islanders Play-by-Play announcer, during the 2010-2013 hockey seasons. He was head coach of the Spokane Chiefs (WHL) from 1987-88 through 1988-89.

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