



Kent Valley Selects U15
(Revised June 16th, 2017)

Welcome

We would like to welcome you to the Kent Valley Hockey U15 Team for the upcoming 2017-2018 season. Our goal is to offer a comprehensive hockey program for players that provides the opportunity to achieve excellence in hockey through advanced training and education. This year's program combines several components as we seek to provide the best hockey development environment for players in their 2002 birth year.

Program

Our program will offer:

- Top Professional Coaching
- 3 weekly team practices
- Up to 7 tournaments
- Goaltender coaching
- 2 weekly dryland training sessions
- All on-ice and off-ice training at the Kent Valley Ice Centre
- Video Equipment and Weekly Video Analysis

Last season, the Selects 2002 team had 106 practices, 55 games and 74 off-ice workouts. This represents more practices and off-ice training than any other Seattle area program. This season, the U15 Team anticipates a minimum of 35-40 games and will seek tournaments and showcases that maximize player exposure, as well as seeking competition against more regional hockey in the Western U.S. and British Columbia.

Facilities

All practices and home games will be at the Kent Valley Ice Centre. The 67,000 s.f. facility can accommodate up to 1,000 spectators and offers a full service pro shop, batting cages, miniature golf, and a Café & Sports bar. The Ice Centre also provides an in-house training center complete with LeMond spin bikes, Life Fitness treadmills, free weights, kettle bells, an Olympic lift station, Hammer Strength squat racks and stability balls.

Training Centre at Kent Valley Ice Centre



Interior of Kent Valley Ice Centre



Parents of all U15 Select team players receive a discount card¹ which provides them discounts at the Kent Valley Ice Centre (KVIC) on items such as skate sharpening, pro shop, public sessions, stick & puck sessions, miniature golf, the training and fitness centre and food/beverages in the Café & Sports Bar.

Coaching

U15 Head Coach: Mike Anderson

Coach Anderson has been coaching and providing skill development to players in Washington State, British Columbia and beyond for over 20 years. His communication skills and his attention to detail make him a very desirable coach to play for. Coach Anderson takes pride in helping his players reach their goals and play at the highest level possible such as NCAA, USHL, WHL, NAHL, BCHL, AJHL, and SJHL. He is extremely excited to get the U15 program up and running in order to give the 2002 birth year players an excellent opportunity to develop and be exposed to the highest competition.

Coach Anderson brings a wealth of experience in all aspects of the game from being an Owner/Operator of the Okanagan Training Centre in West Kelowna to managing training facilities such as the National Training Rinks in Langley, BC. Mike has been instrumental in developing Elite hockey programs in the past, such as the Washington Evergreens and the West Coast Hockey Club while holding titles of Coaching Director, Assistant Director of Hockey Development, and Head Coach. Mike is instrumental in setting up and coordinating the Kent Valley Select Spring Hockey Program, acts as Head Coach of the BC Bears 06 Team, is the on ice Instructor for the BC Bears

¹ See discount card terms for details. Must abide by rules & sign liability waiver/release.

teams, and is an instructor for the Excellent Ice Training Facility. Mike is also a certified PEP Instructor.

Financial

The 2017-18 season fee for U15 is \$5,600.00 and includes ice time (3 practices per week and weekend game slots), referees, coaching fees, and tournaments (max of 7). *Fees do not cover player travel costs or meals.*

- \$1,000.00 shall be paid upon acceptance & signing of the Player Agreement.
- \$766.67 shall be paid on/before July 15th, 2017
- \$766.67 shall be paid on/before August 15th, 2017
- \$766.67 shall be paid on/before September 15th, 2017
- \$766.67 shall be paid on/before October 15th, 2017
- \$766.67 shall be paid on/before November 15th, 2017
- \$766.67 shall be paid on/before December 15th, 2017

Cost comparison

The Kent Valley Hockey Selects program provided more ice time and training than other tier 1 programs last year and had the lowest overall costs:

Program	Kent U15	Everett U-16	Wenatchee U-16
Practices	106	93	56
Games	55	65	35
Off-ice training	74	63	-
Tuition	\$5,600	\$15,000	\$6,650

In addition to providing the lowest overall cost and best value, the Kent Valley U15 program is the only program to offer a hockey specific training center in-house, a Café & Sports Bar with WiFi for parent's convenience, and facility discount cards.

Team Selection

Roster positions are available by invitation only through Coach Anderson or Kent Valley Hockey Registrar Rena Sullivan. Invited players must complete the attached Player Agreement and complete the attached checklist before they can be enrolled. For more information contact:

Head Coach

Mike Anderson (604) 530-5964
tigger7701@hotmail.com

Registrar

Rena Sullivan (253) 850-2400 ext. 101
Rena@kentvalleyicecentre.net